

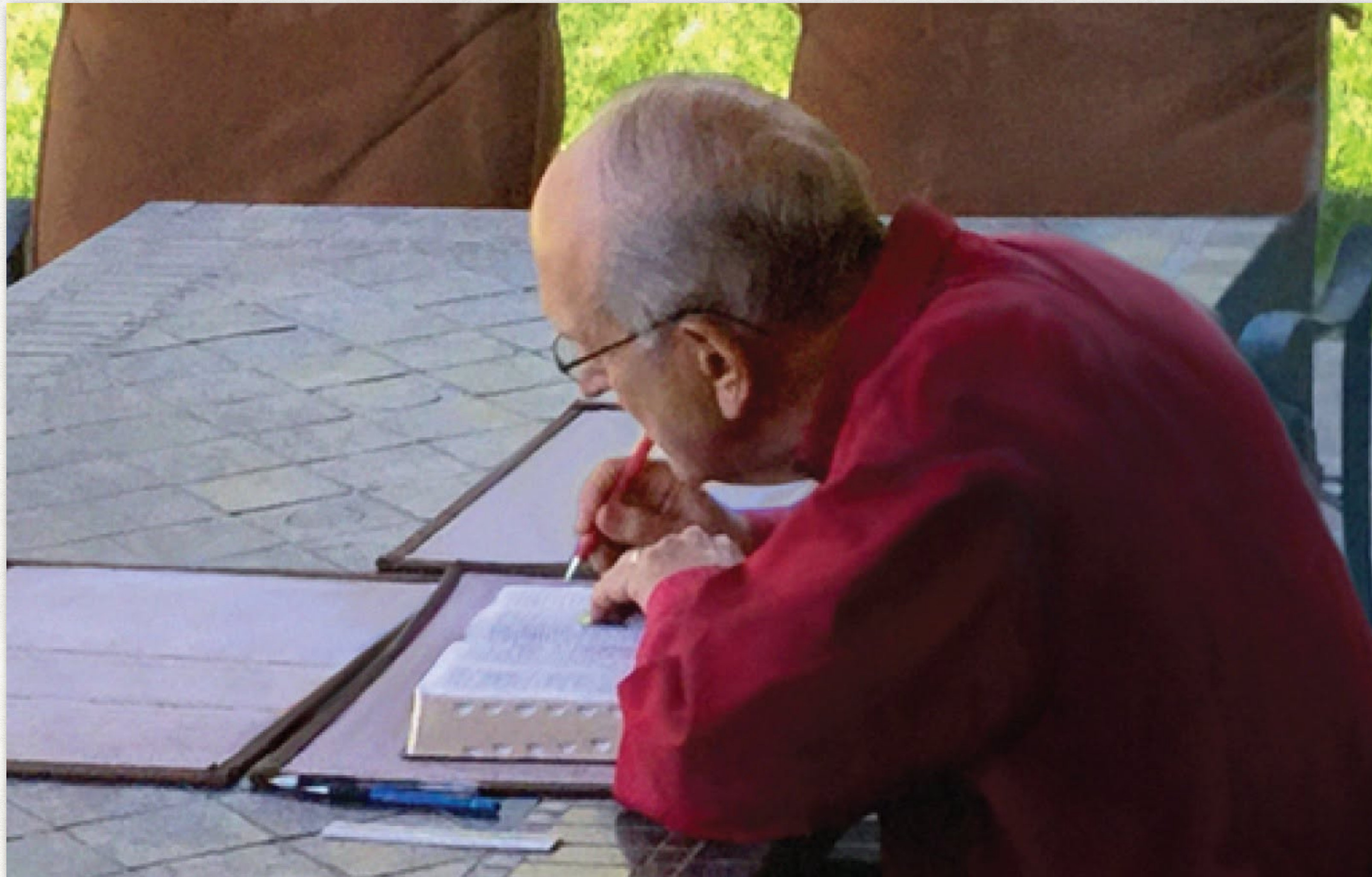
1 NEPHI 2-7

VISIONS, PLATES, INVITATIONS

Anita Leimbach September 8, 2026



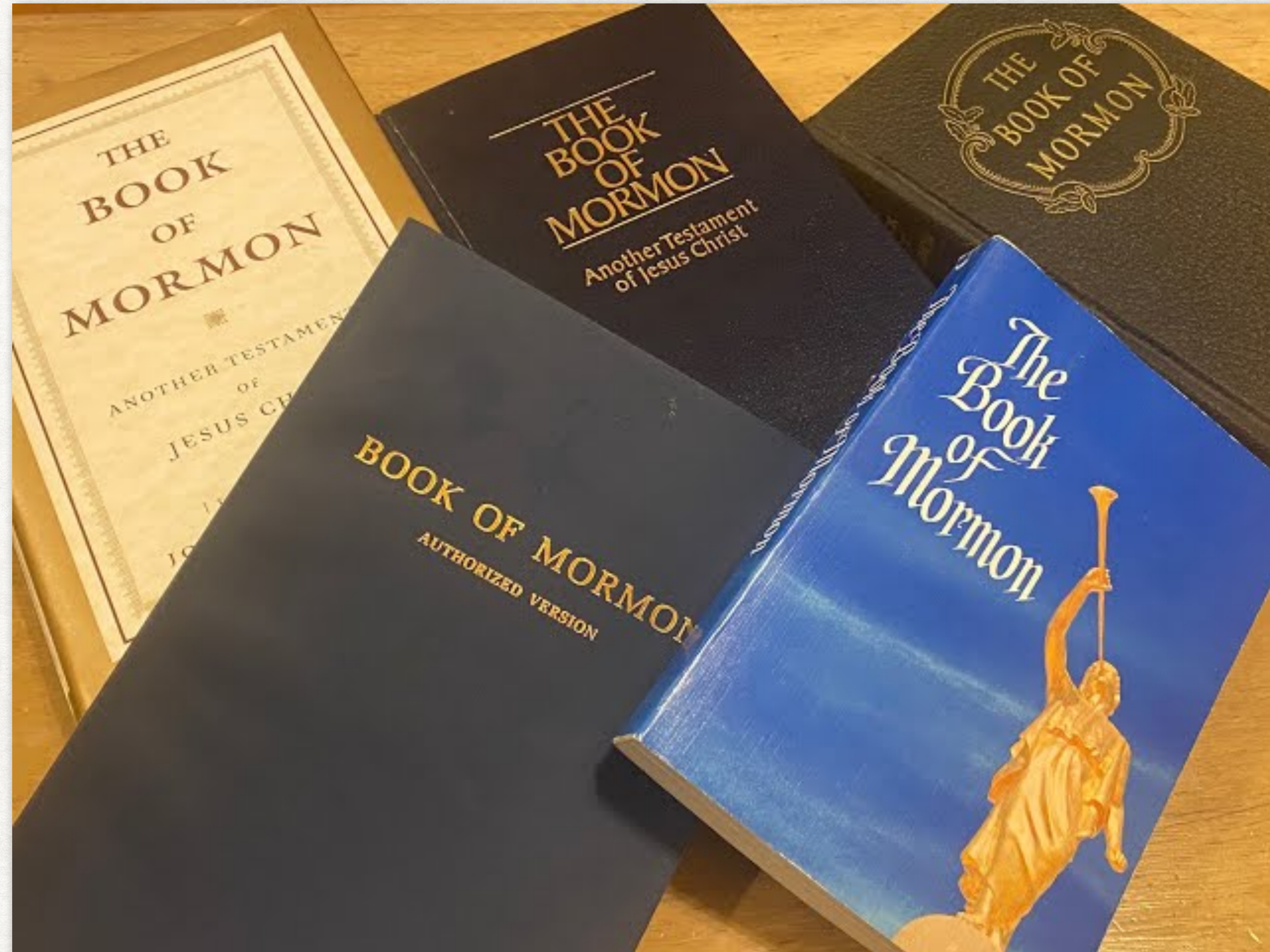
Nephi and the Plates of Nephi by Minerva Teichert



“The Book of Mormon is filled with truth. If you read it daily, you will have more truth and power in your life. It teaches us about the premortal world and the purpose of life. It gives more understanding about the Atonement of Jesus Christ than any other book of scripture and teaches us about the reality of God the Father, His Son Jesus Christ, and the holy priesthood. Studying daily from its pages will affect your life in a way no other book can.”

President Russel M. Nelson

READING THE BOOK OF MORMON



KWL CHART

Know

What I want to Know

Learned

Where is Christ in Book of Mormon?

The Atonement in Book of Mormon

How can I hear the voice of
the Lord?

“And when ye shall receive these things, I would exhort you that ye would ask God, the Eternal Father, in the name of Christ, if these things are not true; and if ye shall ask with a sincere heart, with real intent, having faith in Christ, he will manifest the truth of it unto you, by the power of the Holy Ghost.

—*Moroni 10:4*

HEARING THE VOICE OF THE LORD BY GERALD N. LUND

Less Direct

More Direct



Light of Christ

Still small voice
to Mind* and
Heart **

Intervention
or change of
outcomes

Dreams

Audible
voice

Visions

Visitations
from
Godhead/
Angels

*Mind: Thoughts, Aha experience, Remembrance, Discernment, Voice in mind

**Heart: Peace, Burning, Stupor, Warning, Feels right, Negative feelings

1 NEPHI 1

6 And it came to pass as **he prayed unto the Lord, there came a pillar of fire and dwelt upon a rock before him; and he saw and heard much;** and because of the things which he saw and heard he did quake and tremble exceedingly.

7 And it came to pass that he returned to his own house at Jerusalem; and he cast himself upon his bed, being overcome with the Spirit and the things which he had seen.

8 And being thus **overcome with the Spirit, he was carried away in a vision, even that he saw the heavens open, and he thought he saw God sitting upon his throne,** surrounded with numberless concourses of angels in the attitude of singing and praising their God.

9 And it came to pass that he saw One descending out of the midst of heaven, and he beheld that his luster was above that of the sun at noon-day.

10 And he also saw twelve others following him, and their brightness did exceed that of the stars in the firmament.

11 And they came down and went forth upon the face of the earth; and the first came and stood before my father, and gave unto him a book, and bade him that he should read.

12 **And it came to pass that as he read, he was filled with the Spirit of the Lord.**

13 And he read, saying: Wo, wo, unto Jerusalem, for I have seen thine abominations! Yea, and many things did my father read concerning Jerusalem—that it should be destroyed, and the inhabitants thereof; many should perish by the sword, and many should be carried away captive into Babylon.

1 NEPHI 2

1 For behold, **it came to pass that the Lord spake unto my father, yea, even in a dream**, and said unto him: Blessed art thou Lehi, because of the things which thou hast done; and because thou hast been faithful and declared unto this people the things which I commanded thee, behold, they seek to take away thy life.

2 **And it came to pass that the Lord commanded my father, even in a dream, that he should take his family and depart into the wilderness.**

11 Now this he spake because of **the stiffneckedness of Laman and Lemuel; for behold they did murmur in many things against their father**, because he was a visionary man, and had led them out of the land of Jerusalem, to leave the land of their inheritance, and their gold, and their silver, and their precious things, to perish in the wilderness. And this they said he had done because of the foolish imaginations of his heart.

12 And thus Laman and Lemuel, being the eldest, did murmur against their father. And they did murmur because they knew not the dealings of that God who had created them.

13 Neither did they believe that Jerusalem, that great city, could be destroyed according to the words of the prophets. And they were like unto the Jews who were at Jerusalem, who sought to take away the life of my father.

14 And it came to pass that **my father did speak unto them in the valley of Lemuel, with power, being filled with the Spirit, until their frames did shake before him. And he did confound them, that they durst not utter against him; wherefore, they did as he commanded them.**

16 And it came to pass that I, Nephi, being exceedingly young, **nevertheless being large in stature, and also having great desires to know of the mysteries of God, wherefore, I did cry unto the Lord; and behold he did visit me, and did soften my heart that I did believe all the words which had been spoken by my father; wherefore, I did not rebel against him like unto my brothers.**

17 **And I spake unto Sam, making known unto him the things which the Lord had manifested unto me by his Holy Spirit. And it came to pass that he believed in my words.**

1 NEPHI 3

1 And it came to pass that **I, Nephi, returned from speaking with the Lord,** to the tent of my father.

2 And it came to pass that he spake unto me, saying: Behold **I have dreamed a dream, in the which the Lord hath commanded me that thou and thy brethren shall return to Jerusalem.**

4 Wherefore, the Lord hath commanded me that thou and thy brothers should go unto the house of Laban, and seek the records, and bring them down hither into the wilderness.

28 And it came to pass that **Laman was angry with me, and also with my father; and also was Lemuel,** for he hearkened unto the words of Laman. Wherefore Laman and Lemuel did speak many hard words unto us, their younger brothers, and they did smite us even with a rod.

29 And it came to pass as they smote us with a rod, behold, **an angel of the Lord came and stood before them, and he spake unto them, saying: Why do ye smite your younger brother with a rod? Know ye not that the Lord hath chosen him to be a ruler over you, and this because of your iniquities? Behold ye shall go up to Jerusalem again, and the Lord will deliver Laban into your hands.**

30 And after the angel had spoken unto us, he departed.

31 And after the angel had departed, **Laman and Lemuel again began to murmur,** saying: How is it possible that the Lord will deliver Laban into our hands? Behold, he is a mighty man, and he can command fifty, yea, even he can slay fifty; then why not us?



Treasures in Exchange for Plates of Brass by Minerva Teichert

1 NEPHI 4

6 And I was led by the Spirit, not knowing beforehand the things which I should do.



The Law on the Plates of Laban by Minerva Teichert

Contents of the Plates of Brass

Five Books of Moses

1 Nephi 5:11

Creation of the world
2 Nephi 2:15



Account of Adam & Eve
2 Nephi 2:18–19



Law of Moses
2 Nephi 5:10



Israelite History

1 Nephi 5:12

A record of the Jews to
the Reign of Zedekiah
Jacob 2:21



Lineage

1 Nephi 5:14

Genealogy of Lehi's
Fathers
Alma 10:3



Prophecies of the Holy Prophets

1 Nephi 5:13

Isaiah

Coming of Christ
2 Nephi 19:1–8



Scattering of Israel
2 Nephi 19:11–21



Day of the Gentiles
1 Nephi 20



Victory of God
1 Nephi 21



Burial of Christ
1 Nephi 19:10



Zenos

Allegory of the Olive Tree
Jacob 5



Hymn on Prayer
Alma 33:4–11



Zenock

Crucifixion of Christ
1 Nephi 19:10



Neum

Crucifixion of Christ
1 Nephi 19:10



Joseph

Concerning his posterity
2 Nephi 4:2



Jeremiah

Many Prophecies
Helaman 8:20



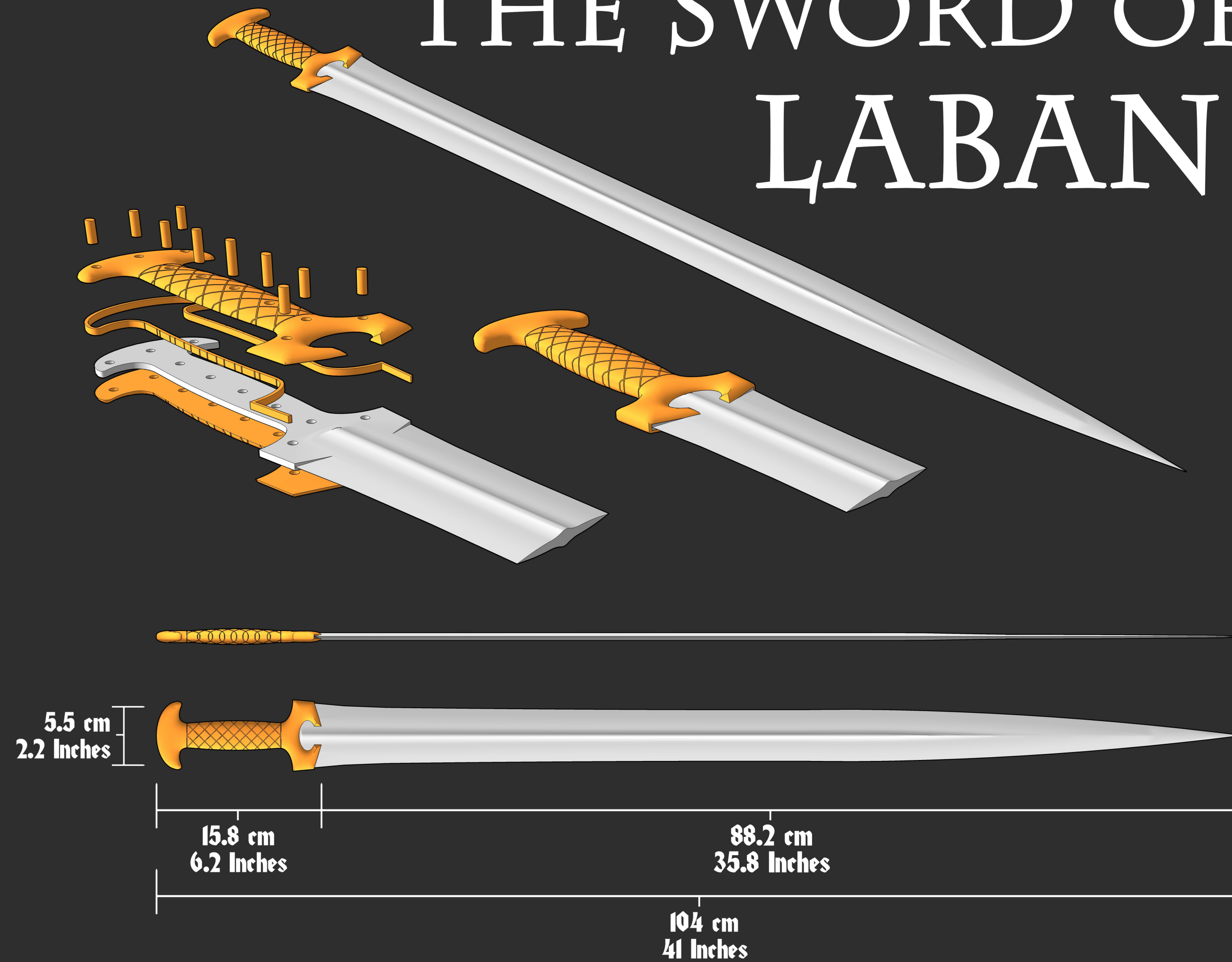
1 NEPHI 4

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The Law on the Plates of Laban by Minerva Teichert

THE SWORD OF LABAN



1 NEPHI 4

Winning vs. Winning Over

Laban

10 And it came to pass that **I was constrained by the Spirit that I should kill Laban**; but I said in my heart: Never at any time have I shed the blood of man. And I shrunk and would that I might not slay him.

11 **And the Spirit said unto me again: Behold the Lord hath delivered him into thy hands.** Yea, and I also knew that he had sought to take away mine own life; yea, and he would not hearken unto the commandments of the Lord; and he also had taken away our property.

12 **And it came to pass that the Spirit said unto me again: Slay him,** for the Lord hath delivered him into thy hands;

13 Behold the Lord slayeth the wicked to bring forth his righteous purposes. It is better that one man should perish than that a nation should dwindle and perish in unbelief.

Zoram

30 And it came to pass that when the servant of Laban beheld my brethren he began to tremble, and was about to flee from before me and return to the city of Jerusalem.

31 And now I, Nephi, being a man large in stature, and also having received much strength of the Lord, therefore **I did seize upon the servant of Laban**, and held him, that he should not flee.

32 **And it came to pass that I spake with him, that if he would hearken unto my words, as the Lord liveth, and as I live, even so that if he would hearken unto our words, we would spare his life.**

33 **And I spake unto him, even with an oath, that he need not fear**; that he should be a free man like unto us if he would go down in the wilderness with us.

34 And I also spake unto him, saying: Surely the Lord hath commanded us to do this thing; and shall we not be diligent in keeping the commandments of the Lord? Therefore, if thou wilt go down into the wilderness to my father thou shalt have place with us.

35 **And it came to pass that Zoram did take courage at the words which I spake.** Now Zoram was the name of the servant; and he promised that he would go down into the wilderness unto our father. **Yea, and he also made an oath unto us that he would tarry with us from that time forth.**

1 NEPHI 5

1 And it came to pass that after we had come down into the wilderness unto our father, behold, he was filled with joy, and also my mother, Sariah, was exceedingly glad, for she truly had mourned because of us.

2 For she had supposed that we had perished in the wilderness; and she also had complained against my father, telling him that he was a visionary man; saying: Behold thou hast led us forth from the land of our inheritance, and my sons are no more, and we perish in the wilderness

3 And after this manner of language had my mother complained against my father.

4 And it had come to pass that my father spake unto her, saying: I know that I am a visionary man; for if I had not seen the things of God in a vision I should not have known the goodness of God, but had tarried at Jerusalem, and had perished with my brethren

5 **But behold, I have obtained a land of promise, in the which things I do rejoice; yea, and I know that the Lord will deliver my sons out of the hands of Laban, and bring them down again unto us in the wilderness.**

6 **And after this manner of language did my father, Lehi, comfort my mother, Sariah,** concerning us, while we journeyed in the wilderness up to the land of Jerusalem, to obtain the record of the Jews.

7 And when we had returned to the tent of my father, behold their joy was full, and my mother was comforted.

8 And she spake, saying: **Now I know of a surety that the Lord hath commanded my husband to flee into the wilderness; yea, and I also know of a surety that the Lord hath protected my sons, and delivered them out of the hands of Laban,** and given them power whereby they could accomplish the thing which the Lord hath commanded them. And after this manner of language did she speak.

9 And it came to pass that they did rejoice exceedingly, and did offer sacrifice and burnt offerings unto the Lord; and they gave thanks unto the God of Israel.

1 NEPHI 7

1 And now I would that ye might know, that after my father, Lehi, had made an end of prophesying concerning his seed, it came to pass that **the Lord spake unto him again**, saying that it was not meet for him, Lehi, that he should take his family into the wilderness alone; but that his sons should take daughters to wife, that they might raise up seed unto the Lord in the land of promise.

2 And it came to pass that the Lord commanded him that I, Nephi, and my brethren, should again return unto the land of Jerusalem, and bring down Ishmael and his family into the wilderness

5 And it came to pass that **the Lord did soften the heart of Ishmael**, and also his household, insomuch that they took their journey with us down into the wilderness to the tent of our father..



Love Story by Minerva Teichert

1 NEPHI 7

8 And now I, Nephi, being grieved for the hardness of their hearts, therefore I spake unto them, saying, yea, even unto Laman and unto Lemuel: **Behold ye are mine elder brethren, and how is it that ye are so hard in your hearts, and so blind in your minds, that ye have need that I, your younger brother, should speak unto you, yea, and set an example for you?**

9 How is it that **ye have not hearkened unto the word of the Lord?**

10 **How is it that ye have forgotten** that ye have seen an angel of the Lord?

11 Yea, and how is it that ye have forgotten what great things the Lord hath done for us, in delivering us out of the hands of Laban, and also that we should obtain the record?

12 Yea, and how is it that ye have forgotten that the Lord is able to do all things according to his will, for the children of men, if it so be that they exercise faith in him? Wherefore, let us be faithful to him.

16 And it came to pass that when I, Nephi, had spoken these words unto my brethren, they were angry with me. And it came to pass that they did lay their hands upon me, for behold, they were exceedingly wroth, and they did bind me with cords, for they sought to take away my life, that they might leave me in the wilderness to be devoured by wild beasts.

17 But it came to pass that I prayed unto the Lord, saying: O Lord, according to my faith which is in thee, wilt thou deliver me from the hands of my brethren; yea, even give me strength that I may burst these bands with which I am bound.

18 And it came to pass that when I had said these words, behold, the bands were loosed from off my hands and feet, and I stood before my brethren, and I spake unto them again.

19 And it came to pass that they were angry with me again, and sought to lay hands upon me; **but behold, one of the daughters of Ishmael, yea, and also her mother, and one of the sons of Ishmael, did plead with my brethren, insomuch that they did soften their hearts; and they did cease striving to take away my life.**

20 And it came to pass that **they were sorrowful**, because of their wickedness, insomuch that they did bow down before me, and did plead with me that I would forgive them of the thing that they had done against me.

21 And it came to pass that **I did frankly forgive them all that they had done**, and I did exhort them that they would pray unto the Lord their God for forgiveness. And it came to pass that they did so. And after they had done praying unto the Lord we did again travel on our journey towards the tent of our father.

“And now, my beloved brethren, all those who are of the house of Israel, and all ye ends of the earth,
I speak unto you as the voice of one crying from the dust:
Farewell until that great day shall come.”

— *Nephi (2 Ne 33:13)*

“Wherefore I spake unto them, saying: Hear ye the words of the prophet, ye who are a remnant of the house of Israel, a branch who have been broken off; hear ye the words of the prophet, which were written unto all the house of Israel, and **liken them unto yourselves**, that ye may have hope as well as your brethren from whom ye have been broken off; for after this manner has the prophet written.”

— *Nephi (1 Ne 19:24)*

What Have We Learned?

~~Assignment~~ Challenge Invitation

- Nephi wrote this for us.
- The Lord speaks to us in many ways. How can we hear Him?
- What do you want to get out of the Book of Mormon?

“And when ye shall receive these things, I would exhort you that ye would ask God, the Eternal Father, in the name of Christ, if these things are not true; and if ye shall ask with a sincere heart, with real intent, having faith in Christ, he will manifest the truth of it unto you, by the power of the Holy Ghost.

And by the power of the Holy Ghost ye may know the truth of all things.”

—Moroni 10:4-5

